

ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL HAMILTON FOUNDATION Presents

Strides for Stroke '10

19th Annual
5K/2K
Thursday,
July 8, 2010

Event Fact Sheet 5K Run & 2K Health Walk/Fun Run

Date: Thursday, July 8, 2010 (Rain or Shine)

Time: 2 K Walk/Fun Run, 6:30 PM
5 K Run, 7:30 PM

Registration: 5:30-7:00 PM

5K Fees: Pre-entry \$20
USATF-NJ Member fee \$18 (pre-registration only)
On-site registration \$25

2K Fees: Adult pre-entry \$20
Children (12 and under) \$15
On-site registration \$25 per adult & \$15 per child

Pre-Register: www.stridesforstroke.kintera.org

Course: USATF-NJ 2010 Grand Prix Event
Begins on the RWJ Hamilton Hospital campus, then on a traffic-free road and scenic Veteran's Park

Timing: Computerized timing and scoring by Compuscore

Results: Posted on www.compuscore.com

Race Management: Baldasari-Leestma Race Management

Prizes: Cash prizes to top three overall men and women
Medals to top three men and women in each age group

Amenities: Special team recognition prizes
Commemorative shirts to all pre-registrants
Shirts to onsite registrants while supplies last
Ribbons to all walk finishers
Pizza and refreshments
Water on the course
Entertainment



For up to the minute race info & registration: www.stridesforstroke.kintera.org